

DR. CHERYE ROCHE

Doctor of Chiropractic (U.S.A.), Sports Chiropractor / Clinic Director
Pure Healthcare @ Apollo Health & Wellness Centre – 119 Apollo Drive Albany NZ 0632
+64-09-414-2225

www.PureHealthcare.co.nz / www.GaitDoctor.com / cherye@GaitDoctor.co.nz

CURRICULUM VITAE

EDUCATION

Doctor of Chiropractic 1989 2002 2002 2005 2009 2009 2011 2011	Western States Chiropractic College; Portland, OR Licensed in Oregon, Washington and Colorado Registered with the General Chiropractic Council (U.K.) Fellow – College of Chiropractors (U.K.) Fellow – European Academy of Chiropractic (Ortho) Registered – Victoria Australia Registered – New Zealand Certified – Thompson Chiropractic Technique Certified – Kinesiotaping
Massage Therapy License 1984	Brenneke School of Massage
Certified Athletic Trainer 1983	National Athletic Trainers Assoc. (USA) Cert. # 10-248
Bachelors' Degree 1983	University of Washington; Seattle, WA Kinesiology/ Exercise Physiology/ Athletic Training

PROFESSIONAL EXPERIENCE

Private Practice Current	Albany - New Zealand General Chiropractic practice: Sports Health and Performance, Biomechanics, Functional Orthotic Prescription, and Nutrition for wellness and performance.
Lecturer / Supervisor 2010-2013	New Zealand College of Chiropractic – Auckland, New Zealand Lecturer in Chiropractic sciences (Extremity Injury Management, Chiropractic Rehab, Thompson Adjustive Technique, Clinic Supervisor)
Private Practice 2004 – 2009	United Kingdom - General Chiropractic practice: Sports Health and Performance, Biomechanics, Functional Orthotic Therapy, Nutrition for health & performance, and care of chronic musculoskeletal conditions.
Referral Consultant	High Performance Sport New Zealand
Professional Consultant	The Orthotic Group International – Canada / Ireland / Scandinavia / NZ Clinical, biomechanical and academic consulting regarding clinical biomechanics and functional orthotic therapy.
Clinical Tutor May 2002 to July 2004	University of Glamorgan – School of Applied Sciences Welsh Institute of Chiropractic – Pontypridd, Wales Clinical supervision of final year students
Senior Lecturer May 2002 to Dec 2003	University of Glamorgan – School of Applied Sciences- Welsh Institute Of Chiropractic-Pontypridd, Wales, U.K BSc. Programme Academic and Clinical Education Extremity injury care, and manipulation, Sports injuries
Director – B.Sc. (Honours) Senior Lecturer (Clinical) Jan 2001 to April 2002	Director of Studies - B.Sc. (Honours) Chiropractic Classroom and Clinical Education for MSc. Programme Euro. Inst. of Health & Medical Science, Univ. of Surrey, England.

Dr. Cherye Roche – Curriculum Vitae
Professional Experience – continued

Assistant Professor/ Staff Clinician 1999-2000	Western States Chiropractic College; Portland, OR Supervision of Chiropractic interns in a clinical setting Classroom lecture and lab on clinical topics.
Private Practice 1990-1999	Seattle, WA. Practice emphasis on spinal health, sports injury care, rehabilitation, nutrition, and wellness.
Adjunct Faculty 1996-1999	Bastyr University – Naturopathic Medical School Instructor for manipulation, orthopaedics, and radiology
Chiropractic Consultant 1998 & 1999	American Basketball League – Seattle Reign Two seasons as consultant to professional team.
Chiropractor 1997-1999	Independent Medical/Chiropractic Examiner <ul style="list-style-type: none">• Exigere Corporation• Haelen Medical evaluations• PEMCO Insurance Company• SAFECO Insurance Company• Independent Chiropractic Examinations, Inc.• Private exams for plaintiff counsel medico-legal claims
Chiropractor & Athletic Trainer	1990 Goodwill Games; Seattle, WA. (U.S.A.) Evaluation and care of multi-national elite athletes 1990 as part of an international and interdisciplinary sports medicine team.
Asst. Athletic Trainer Summer Internship-1988	U.S. Olympic Training Centre; Colorado Springs, CO. Athletic Training Internship – Evaluation and care of U.S. athletes in preparation for Olympic competition.
Chiropractor 1990-1999	Sports Medicine Support within the community <ul style="list-style-type: none">• Columbia Athletic Club - Consultant• Pro-Sports Club - Consultant• Bellevue Comm. College – Team Doctor• Oregon State Games – Sports Med. Team
Academic Instructor 1989	Western States Chiropractic College; Portland, OR As an intern, taught a 10 week elective course focusing on sports medicine and orthopaedic/chiropractic techniques for treatment of injuries to the spine and extremities, nutrition and training issues.
Head Athletic Trainer 1988-1989	Concordia College; Portland, Oregon Full responsibility for injury prevention, treatment, rehabilitation and training room management for eight varsity sports.
Exercise Physiologist 1983-1984	Washington Conditioning Club; Seattle, WA Risk status analysis, physical assessment (ECG, body composition, joint ROM), nutritional counselling, exercise prescription and implementation.
Student Athletic Trainer 1980-1983	University of Washington; Seattle, WA Prevention, treatment, and rehabilitation of athletic injuries under the supervision of athletic trainers and team physicians.

Dr Cheryl M. Roche – Curriculum Vitae

Memberships and Associations:

- 2009 Member – New Zealand Chiropractic Association
- 2010 Referral Consultant – High Performance Sport New Zealand
- 2012 Inaugural Member – NZCA Chiropractic Sports Council Committee
 - A sub-committee of the NZCA – to engage and develop interested Chiropractors in post graduate educational and practical experience related to sports injury care and athletic performance enhancement.
- 2012 Member – Sports Medicine New Zealand
 - A post graduate multidisciplinary organisation for health professionals interested in community health, sports medicine and exercise science.

Publications:

- **Book Chapter in Physiotherapy text**
 - Longbottom, J. 2010. Acupuncture in Manual Medicine. Chapter 11: Musculoskeletal Injuries in the Foot and Ankle. Elsevier, Taramani, Chennai India

Presentations:

- 2004 British Chiropractic Association
 - Clinical biomechanics in the management of chronic spinal conditions
- 2005 Professional Golfers Association
 - Lower extremity biomechanics and foot orthoses in injury management, optimizing swing mechanics, and performance
- 2003 – present The Orthotic Group practitioner education programme
 - Multiple presentations in Britain, Ireland and Scandinavia on clinical and academic aspects of lower extremity biomechanics, prevention and treatment of chronic overuse syndromes, and performance enhancement with functional foot orthoses and rehabilitation.
- 2011 New Zealand Chiropractic Association
 - Orthotic therapy in rehabilitation for chronic overuse syndromes
- 2012 Sports Medicine New Zealand – Annual Conference
 - Case presentation – Functional biomechanics and chronic low back pain in an elite rowing athlete.

Personal Data:

Date of Birth: May 30, 1959
Fitness Pursuits: Walking / Golf / Swimming / Tramping
Sports: High School (College) Varsity Athletics

- Volleyball (4 years varsity) • Track & Field (1 year varsity)
- Softball (8 yrs club / 1 yr varsity) • Basketball (1 year varsity)

University Sports
El Camino University (California)

- 2 years varsity volleyball

University of Washington

- 2 years varsity volleyball